

# **Come Sail Away**

**May 29 through June 5, 2005**



## **Enjoy a Southern Caribbean Cruise And Earn Continuing Education Credits**

Purdue University Pharmacy Practice in cooperation with Global Tracks of West Lafayette has planned a unique educational cruise. Our adventure will begin in San Juan, Puerto Rico and for the next 7 days you will enjoy the luxurious comfort and fun facilities of Carnival Cruise's Destiny. Since your CE seminars will be held during the 2 full days at sea, you will have plenty of time to enjoy the optional Shore Excursions at each Port of Call.

Imagine taking a 4x4 Cross Country Jeep tour of Aruba; watching the sunset from a catamaran in Barbados; or snorkeling in the famous Trunk Bay of St. Thomas. These and more activities are available for your days in port. This trip is open to anyone, so bring your family and friends. There will be plenty for everyone to see and do.

**Join us for an experience of a lifetime!**



**Signup by Wednesday, December 8th.  
First Come — First Served**

# Purdue Pharmacy Continuing Education

Day	Date	Itinerary	Meals
Sunday	05/29/04	San Juan, Embark the Carnival Destiny @ 10 pm	(D)
Monday	05/30/04	St. Thomas / St. John @ 7 am – 5:30 pm	(B,L,D)
Tuesday	05/31/04	Dominica @ 9 am – 6 pm	(B,L,D)
Wednesday	06/01/04	Barbados @ 7 am – 10 pm	(B,L,D)
Thursday	06/02/04	Fun Day at Sea / CE Seminars	(B,L,D)
Friday	06/03/04	Aruba @ 8 am – 11 pm	(B,L,D)
Saturday	06/04/04	Fun Day at Sea / CE Seminars	(B,L,D)
Sunday	06/05/04	Arrive San Juan @ 7 am — Disembark	(B)



## TOUR HIGHLIGHTS AND INCLUSIONS:

- 7 night Southern Caribbean Cruise on the *Carnival Destiny*
- Port calls at St. Thomas / St. John, Dominica, Barbados and Aruba
- Optional shore excursions at every port (additional charges at port)
- Fine dining, including late-night buffets
- Casual dining at the Seaview Bistro and a 24-hour Pizzeria
- Captain's Cocktail Party and Gala Dinner
- Wide range of entertainment, including different Vegas-style shows every night
- Full casino and four swimming pools
- Variety of daily on-board activities including daily first-run movies
- Staterooms offer carpeting, ample drawer / closet space, private facilities, phone, color TV

Complete Brochure with printable registration form is also available at:  
<http://www.phpr.purdue.edu/~phprce/>  
 and click on  
 "What's New in Pharmacy CE"

# Purdue Pharmacy Continuing Education

Cabin Category	Cabin Description	Total Cruise Price Per Person
Inside	Inside Cabin, Riveria Deck 1 Two twin beds or one king, no window	\$637 (includes all taxes and fees)
Ocean View	Outside Cabin, Riveria Deck 1 Two twin beds or one king, picture window	\$787 (includes all taxes and fees)
Balcony	Outside Cabin with balcony, Upper Deck 7 Two twin beds or one king, picture window and balcony	\$967 (includes all taxes and fees)
Suite	Outside Cabin with sitting area, Empress Deck 7 Two twin beds or one king, picture window and balcony	\$1537 (includes all taxes and fees)

**See Reservation Form for Additional Options of Airfare, Transfers, and Trip Insurance**

**If you wish to earn the optional Pharmacy CEUs, the registration fee is \$399 if you book your cruise package through Global Tracks or \$699 if you book your own cruise package. Purdue University will invoice for the registration fees upon notification from Global Tracks. If you make your own cruise booking, please notify us of your intent to participate. Pre-payment of registration fees is necessary in order to participate in the CE seminars.**

**Southern Caribbean Cruise Pharmacy Practice Seminar** – This program will consist of brief pre-cruise assignments, engaging and fun on-board and shore assignments, and live, interactive presentations during the two days at sea for a total 16.0 contact hours. The topics will include:

- ◆ Meal Planning, Exercise and Healthy Lifestyles – What's the best plan for me?
- ◆ The New Medicare Part D – Unraveling the Confusion
- ◆ Management of Metabolic Syndrome – Syndrome X Redefined
- ◆ Complimentary and Alternative Medicines (CAM) in the Southern Caribbean
- ◆ Required Continuous Professional Development – A New (Old) Horizon for Pharmacists
- ◆ Pharmacy Student Precepting – Developing Student Projects that Benefit Your Practice Site

Objectives: After participating in this program, the pharmacist will be able to:

1. Illustrate a 40-30-30 meal plan and aerobic exercise program for good health and use this information personally and for patient education.
2. Understand the complexities of Medicare Part D and be able to help patients select the program which best suits their need.
3. Identify treatment guidelines for patients with diabetes, hypertension and dyslipidemia and provide support and counseling services
4. Identify complimentary and alternative medicines commonly used in the Southern Caribbean.
5. Understand the purpose and requirements for Continuous Professional Development and its relationship to continued licensure.
6. Utilize pharmacy students serving an advanced clerkship rotation at the practice site to implement, provide and assess patient care services.



This program is a continuing education activity of Purdue University, an equal access/ equal opportunity institution. To receive the 16.0 contact hours of CE credit, participants are expected to complete all assignments and attend all presentations. The UPN for the program is 018-000-04-082-C04. Statements of CE credit will be given to participants at the conclusion of the cruise program.

**For Continuing Education questions, please contact us at:**

**Telephone (765) 494-5457, Fax (765) 494-0802,**

**Email: [sinclair@pharmacy.purdue.edu](mailto:sinclair@pharmacy.purdue.edu)**

**PhPr-CE, 601 Stadium Mall Dr. PUSH 339, W. Lafayette, IN 47907**

# Reservation Form

Send completed application and deposit to: **GLOBAL TRACKS, INC.**  
1536 Summit Drive  
West Lafayette, IN 47906

Name(s) (As it appears on Passport) \_\_\_\_\_  Yes, I will be participating in the CE-Program

Name(s) (As it appears on Passport) \_\_\_\_\_  Yes, I will be participating in the CE-Program

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: (Home) \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Email Address \_\_\_\_\_

**Cruise:** Please make my/our cruise reservation in the following cabin category:

**Requires \$250 per person Cruise Deposit prior to Wednesday, December 8, 2004**

First Choice: \_\_\_\_\_ Second Choice: \_\_\_\_\_ Bedding Request :  Twin  King

Please Reserve As:

- Double Occupancy  Single Occupancy (at 200% of Double Rate)  
 I am reserving as a single but prefer to share accommodations if possible (shares not guaranteed)

**Optional Air Add-on:** Please make my/our roundtrip flight reservation from:

**Requires \$100 per person Air Deposit prior to Wednesday, December 8, 2004**

- Indianapolis (504.10 + \$53.90 approx taxes = \$558.00, per person, based on groups of 10 or more)  
 Chicago (\$443.10 + \$39.90 approx. taxes = \$483.00, per person, based on groups of 10 or more)

Air prices include roundtrip airfare and airport to ship transfers. Other Departure Cities may be available upon request.

**Other Optional Add-ons:** Please include these add-on's:

- \$30 per person - Roundtrip transfer from the San Juan airport to pier for those booking their own airfare.  
 \$70 per person - Prepaid ship gratuities  
 \$99 per person - Vacation Protection Plan - Berkeley Care (1-800-331-2796) - covers trip cancellation for medical reasons.

**Deposit Information: Deposit Due Wednesday, December 8, 2004 and Final payment due Friday, March 11, 2005**

All payments for travel are to be made directly to Global Tracks.

**Deposits may be made by check or credit card. However, final payment must be made by check.**

Global Tracks will invoice participants for total due upon receipt of deposit.

Enclosed is a check in the amount of \_\_\_\_\_. This includes a cruise deposit of \$250.00 per person and \$100.00 per person optional airfare deposit.

Please charge my credit card in the amount of \_\_\_\_\_. This includes a cruise deposit of \$250.00 per person and \$100.00 per person optional airfare deposit.

Name on Credit Card \_\_\_\_\_

Type of Credit Card  Master Card  Visa  Discover

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

**Return this form to:**  
GLOBAL TRACKS, INC  
1536 Summit Drive  
West Lafayette, IN 47906

For questions and itinerary details, please contact  
Joann Chaney at: joann@globaltracks.org  
Telephone: 765-464-1444 or Toll Free: 888-355-9455

